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MANAGEMENT AND FEELINGS

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"A madman is not the one who lost reason but a man who lost everything except reason".

Abraham Lincoln said that "the most safe way to find someone's behaviour is not to quarrel with him but to give him the power he wishes".

Everywhere in the world, people have heard about the Hubris syndrome. It defines a person who apparently changed behaviour, after getting a powerful position, which, little by little, intoxicated his behaviour. Or maybe we talk about an exaggerated pride, a hyper-evaluation of his force and liberty towards destiny, arrogance which very often ends in a tragic way.

Lord David Owen showed that hate is an incurable disease which affects much more the person who hate them the hated one. "Hate is like an acid which chardates more the bottle in which it is kept than the victim burned by it", said Mahatma Ghandi.

Lord Owen found that the Hubris syndrome has to have three of the following symptoms:

- Narcissist behaviour;
- Tendency to act just for a positive image of him self;
- The excess of mediatisation of his own image;
- His inspiration has a divine origin;
- His personal interests are mixed with those of the institution he leads;
- He doesn't take care of the advices or critics of the others;
- Visible omnipotence;
- Impatience, aggressivity, fast decisions;
- Lost contact with reality;
- His thinking is perfect and cannot be exposed to any criticism.

Even if all these symptoms are reversible after power goes off, the massive destruction of the others is irreversible.

I am obsessed with a question: did I have the symptoms of Hubris syndrome during all these years of leadership? Didn't I take care of the advices? Was I aggressive? Did I have a narcissist behaviour? Did I act just for a positive image of my self? I am sure I did none of all these... I tried to be impartial and, at the same time, to help everyone in this hospital as long as their wishes were objective. Maybe I was wrong sometimes and some people considered my decisions unfair. I am

ready to recognize all my mistakes, but most of them had an explanation over the limits of understanding of my colleagues, because they didn't have the necessary and complete information. So, I'm sure that all persons who know me now or since long time ago, all the persons who hated me in some moments of their lives, could give hate away and make a brief judgement: was I Hubris or not? I am convinced I have never been and I should never be and also this "virus" cannot infect persons who don't keep their "chair" tightly connected to their personality.

It is a big task to have so many ancestors before... it is a big task to keep their memory alive. It is a big task not to be ashamed of everything we do in front of the ancestors and colleagues. And this matters much more than money and pride. It is more important to be able to look into the eyes of the last worker in the hospital than other sorts of advantages. And much more, we had more disadvantages the last years than advantages. But the most terrible mistake is to compare periods of time, to compare the achievements of Professor Brânzei with those of Professor Pyrozinski or Boișteanu. We have to understand that times cannot be compared. What was possible ten years ago is no more possible today and *viceversa*. More than this people like to remember only the beautiful things from the past and try to forget faster the bad memories.

I had the pleasure of leading this institution for five years, with all the good and bad things that happened in this period of time I have also had the tendency to wipe bad things and hypertrophied the good events. But after five years, I should be glade all my colleagues are convinced that I didn't create any personal advantage during these years and my only purpose was to be honest and to help everybody in the Republic "Socola". Because the most important duty of a leader is to help where someone else cannot help and to understand what someone else cannot understand. From the beginning until now I had the satisfaction of doing my duty and no one could really blame me for it. I wish I could have done more, but circumstances were unfair in the last years. I am not ashamed and I'm proud of what I did. With all my actions, I tried to bring an homage to the moral sense of life, which I wanted to be the motto of this hospital. I hope I didn't make any harm to anyone in my life and I hope I did the best for the psychiatry and forensic sciences. Life is short and I'm sure that all my best feelings will be considered in the next years of professionals. I ask my self, after regrets and sacrifices, if psychiatry would have a positive evolution in the next years. Anyway, important changes will follow and I'm sure that all our new colleagues will have a very important duty in the future, making positive the evolution of their profession.

I'm still a man who didn't lose reason and I didn't lose anything else than reason. I am convinced that the greatest satisfaction of a leader comes from satisfying his enemies. It is a sacrifice for progress and well-being. If all of us will be able, one day, to understand this, we shall have the occasion to live in a different world.